



GHANSHYAM BAAL KENDRA



Online Baal Kendra Lesson - Guide for Parents

Jay Shree Swaminarayan,

At Baal Kendra we have been thinking of ways to ensure that children retain the knowledge they have learnt so far and continue with their learning while we all try to get through this difficult time of social distancing.

The children can now learn remotely with help from their parents. We encourage all parents to help their child with each activity as this will not only help keep them interested, but will also be a valuable family bonding session doing Satang at home. To help maintain a routine, we recommend that you do this learning with children on Saturday at around 5pm if possible. All the learning materials and worksheets will be uploaded weekly on to the mandir website <https://www.shreeswaminarayan.org.uk/gujarati-school/worksheets> on Saturdays by 3pm. They will be under the Baal Kendra heading.

- Children under the age of 5 and those who are unable to read/write - use the worksheets to go through the questions verbally with your child.
- Children aged 5 upwards - where possible please print out the worksheets and ask your child to complete them, alternatively they can use a separate piece of paper to write their answers.
- To help the children complete the worksheet, the Baal Kendra textbook can be used as a reference.
- We will upload answer sheets in the following week. Use these to help your child revise the previous week's learning and to mark/correct their work.
- To encourage children, reward them for completing the lesson and worksheets.

We have tried to keep the structure of learning as close as possible to what we follow at Baal Kendra. The first part of the lesson will cover the following and will remain almost the same every week. The second part will be based on the week's topic.

Saturday 18th July 2020

Lesson 1 - Open Lesson 1 Video using this link: <https://youtu.be/HUchPOH9w28>

- Aarti
- Prathna - Vishvesh chho & Twameva mata... & meaning of Prathna
- Shangaar Darshan
- Daily routine
- Naman Hu Karu
- Dandvat Pranam
- Mahamantra

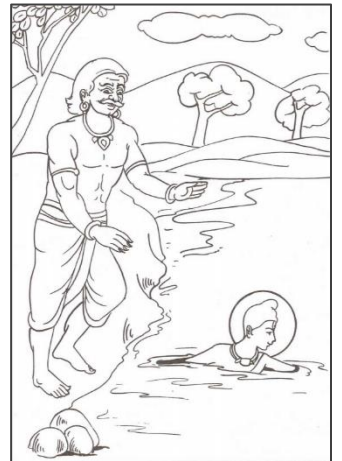
Lesson2 - Open Lesson 2 Video using this link: <https://youtu.be/fwgoQ8F6CuE>

Today's topic is **Nilkanth Varni**

- Learn all about Nilkanth Varni
- Story - Ghanshyam leaves home
- Complete Homework sheet. Click here for homework sheet:
[Nilkanth Varni Homework](#)

Other Suggested Activities

- Colour in a picture of Nilkanth Varni
- Watch a story video about Ghanshyam and the wrestlers
<https://youtu.be/h6YLoikUThw>



Send photos of children doing activities and completed activities to baalkendra@gmail.com

